

St Mark's Multi-disciplinary Approach to Inflammatory Bowel Disease Management

'Bugs, drugs, shrugs and hugs for inflammatory bowel disease (IBD)'

Thursday 14th September 2017

Target audience: All those involved in the multi-disciplinary care of IBD patients, consultants and trainee gastroenterologists and colorectal surgeons; IBD specialist nurses, dietitians.

Learning style: Lectures and case discussions.

Learning objectives: The course is designed to explore the role of the microbiota in the cause and management of IBD (BUGS), demonstrate how to optimise medical therapy (both conventional and biologic therapies) for IBD (DRUGS), inform how best to deal with treatment uncertainties and engage in shared-decision making (SHRUGS), demonstrate how to address the psychological burden of IBD (HUGS).

Programme:

14.30-15.00 Registration

15.00-15.05 Welcome: [Professor Ailsa Hart](#)

1. BUGS:

15.05-15.30 Microbiota in IBD – faecal microbiota transplantation has arrived – nearly.
[Professor Ailsa Hart](#)

2. DRUGS:

Chair: [Professor Ailsa Hart](#)

15.30-15.55 Tips and tricks of how to optimise therapies in IBD [Dr Joel Mawdsley](#)

15.55-16.20 Tips and tricks on how to transition IBD patients [Dr Phil Smith](#)

16.20-16.45 Perianal Crohn's disease – multimodality approach [Mr Phil Tozer](#)

3. SHRUGS / DIFFICULT DECISIONS – CASES FROM THE IBD MDT

Your chance to ask the real-life difficult questions in day to day practice.

Chairs: [Professor Ailsa Hart](#)/ [Mr Janindra Warusavitarne](#)

16.45-17.30 Crohn's cases to include perianal Crohn's disease; limited distal ileal Crohn's; patients with previous cancer; intra-abdominal abscess. With panel discussion & clinical cases. [Mr Phil Tozer](#), [Ms Tracey Tyrell](#), [Dr Ayesha Akbar](#) and external faculty

17.30-18.00 Refreshments

18.00-18.45 Ulcerative colitis cases to include difficult pouches; dysplasia; PSC/IBD; refractory proctitis; difficult disease in the young and old. With panel discussion & clinical cases. [Mr Omar Faiz](#), [Ms Tracey Tyrell](#), [Dr Ayesha Akbar](#) and external faculty

4. HUGS:

Chair: [Dr Ayesha Akbar](#)

18.45-19.15 Addressing psychological burden in IBD [Dr Yoram Inspector](#)

19.15 Close

Faculty:

Professor Ailsa Hart, Consultant Gastroenterologist

Dr Ayesha Akbar, Consultant Gastroenterologist

Mr Janindra Warusavitarne, Consultant Surgeon

Mr Omar Faiz, Consultant Surgeon

Dr Yoram Inspector, Consultant Psychiatrist

Ms Tracey Tyrell, IBD Nurse

External/invited speakers: Dr Phil Smith, Dr Joel Mawdsley

Cost: Free to register, limited places. For further information and apply online visit:

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