

# IBD: From bench to bedside

## St Marks/ Dr Falk SpR Training Day

with poster session

Co-chairs: Dr Philip Hendy & Dr John Nik Ding

**Venue: RCGP, 30 Euston Square, London**

Date: December 11<sup>th</sup> 2015

The specialist registrar training day is an exciting new educational event designed to bring gastroenterology SpRs high quality, entertaining teaching from established speakers in the field of IBD. The first of these training days, **IBD from Bench to Bedside**, aims to tie the crucial stream of clinical practice together with the basic science that underpins it.

The day is split into three parts, each with a different focus, and at lunch time there is an opportunity for SpRs to present a poster of their most recent research, with a prize for the top poster – a fully sponsored place at a selected Falk Symposium in Europe in 2016, with registration, travel, accommodation and social programme fully covered.

The first session, **Which field rules in IBD? You decide** includes four talks, all tackling a crucial area which underpins our knowledge of IBD. Our expert speakers will each “sell” their topic, leading to a lively and interesting discussion at the end. The audience will then vote for a winner and partake in an interactive panel discussion, bringing the basic science aspect of the day to a conclusion.

The second session of the day, **Old drugs, new tricks** will focus on methods to optimise established therapies (steroids, 5-ASAs, thiopurines, anti-TNF) and includes the evidence behind the optimisation strategies.

The third session of the day, **New drugs – where do they fit in?** gives an overview of vedolizumab and the biosimilar drugs. These are both hot topics and in demand from trainees.

We’re sure that this inaugural specialist registrar training day designed by trainees for trainees, with its innovative twists and interactive nature, will capture, hold and invigorate the audience toward better patient management and possible research careers in the future.

# Agenda

## IBD – From bench to bedside

*Drs Philip Hendy & John Nik Ding*

09.15 – 09.35 Registration

09.35 – 09.45 Chairmen's welcome

## Which field rules in IBD? You decide!

09.45 – 10.05 Immunology *Dr Nick Powell (King's College London)*

10.05 – 10.25 Microbiota *Dr Ailsa Hart (St Mark's London)*

10.25 – 10.45 Genomics *Dr James Lee (Sanger, Cambridge)*

10.45 – 11.05 Metabonomics *Professor Tim Orchard (Imperial College, London)*

11.05 – 11.25 Vote: Question and panel discussion

11.25 – 11.55 Coffee break

## Old drugs, new tricks

11.55 – 12.15 Steroids *Professor Chris Probert (Royal Liverpool Hospital)*

12.15 – 12.35 5ASA *Dr Ayesha Akbar (St Marks' Hospital)*

12.35 – 12.55 Thiopurines *Dr Azhar Ansari (East Surrey Hospital)*

12.55 – 13.15 Anti-TNF $\alpha$  *Drs Philip Hendy and John Nik Ding (St Marks' Hospital)*

13.15 – 14.30 Lunch & Parallel Poster Session

## New drugs – where do they fit in?

14.30 – 15.00 Vedolizumab *Dr Charlie Murray (Royal Free Hospital)*

15.00 – 15.30 Biosimilars *Dr Joel Mawdsley (West Middlesex Hospital)*

Places are limited. Contact [ecross@drfalkpharma.co.uk](mailto:ecross@drfalkpharma.co.uk) by 30<sup>th</sup> November to secure your place.

Poster session: Present your latest research.

Submit to: [ecross@drfalkpharma.co.uk](mailto:ecross@drfalkpharma.co.uk) by 30<sup>th</sup> November.

Prize for the top poster:

Fully sponsored place at a selected Falk Symposium in Europe in 2016. Registration, travel, accommodation and social programme will be fully covered.

Supported by an unrestricted educational grant from Dr Falk Pharma.

