

Horizons in intestinal failure, rehabilitation & home parenteral nutrition

An online conference at the Royal Society of Medicine **6–8 December 2021**



Day 1 - Monday, 6 December 2021

08:55 Welcome Simon Gabe & Alison Culkin

Type 1 intestinal failure Chairs: Uchu Meade & Simon Gabe		
09:00	What is Type 1 intestinal failure & its causes	Mani Naghibi
09:20	What is refeeding syndrome & how to manage it	Alison Culkin
09:45	How to estimate requirements in Type 1 intestinal failure	Nicola Vernon
10:05	Case presentation	Nicola Vernon
10:10	Panel discussion	

10:30 Coffee break

Peri-operative management of Type 1 intestinal failure Chairs: Nicola Vernon & Alison Culkin		
11:00	Pre & post-operative management ileus	Mani Naghibi
11:20	Drug management in Type 1 intestinal failure	Riddhika Joshi
11:40	The obstructed bowel	Matt Lee
12:00	Surgical management of Type 1 intestinal failure	Phil Tozer
12:20	Case presentation update	Mani Naghibi/Nicola Vernon
12:25	Panel discussion	All

12:40 Lunch break

Parenteral nutrition in Type 1 intestinal failure Chairs: Mani Naghibi & Gehanjali Amarasinghe		
13:40	Vascular access for short term parenteral nutrition	Dino Roa
14:00	Case presentation	Mani Naghibi
14:10	Debate: All type 1 patients should receive multi-chamber bags	For: Uchu Meade Against: Nicola Vernon
14:40	Panel discussion	All

14:50 Tea break

Complications during short term parenteral nutrition Chairs: Uchu Meade & Alison Culkin		
15:20	Abnormal liver function: don't blame the parenteral nutrition	Simon Gabe
15:40	Managing glucose and lipid abnormalities	Suzanne Donnelly
16:00	When Type 1 turns into Type 2	Gehanjali Amarasinghe
16:20	Case presentation update	Mani Naghibi
16:30	Discussion	All
17:00	Summary and close	













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Day 2 - Tuesday, 7 December 2021

08:55 Welcome Simon Gabe

High output enterocutaneous fistulae & stoma Chairs: Akash Mehta & Richard Holman		
09:00	Medical management	Simon Gabe & Maryam Amin
09:35	Surgical management	Akash Mehta
09:55	Dietary management	Lilia Malcolm
10:20	Panel discussion	All

Coffee break 10:35

Distal Limb Feeding Chairs: Richard Holman & Uchu Meade		
11:00	Feeding the defunctioned gut	Stella Dilke
11:25	Tube and feeds	Mia Small, Diane Brundrett
11:50	Bags and drugs	Heidi Li & Maryam Amin
12:15	Panel discussion	All

12:30 Lunch break

Can we avoid parenteral nutrition? Chairs: Richard Holman & Diane Brundrett		
13:30	Right tube, right route, right patient?	Mia Small
13:50	Optimising enteral feeding	Sinead Burke
14:10	Medications in intestinal failure	Uchu Meade
14:30	Panel discussion	All

14:45 Tea break

Pain and dysmotility Chairs: Jeremy Nightingale & Mia Small		
15:15	Case study of dysmotility	Gehanjali Amarasinghe
15:35	BSG guidance update	Jeremy Nightingale
15:50	Management of chronic pain	Simon Braude
16:15	Psychological support for patients with dysmotility	Megan Virtue
16:35	Discussion	All
17:00	Summary and close	















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Day 3 - Wednesday 8 December 2021

08:55 Welcome Mia Small

Home parenteral nutrition Chairs: Mia Small & Simon Gabe			
09:00	The development of a national IF network, where are we now?		Mia Small
09:20	Challenges in discharging	- Dietetic perspective	Diane Brundrett
09:35	patients on home parenteral support	- Pharmacy perspective	Roshni Patel
09:50		- Nursing perspective	Jo Gent
10:05	Monitoring on home parenteral support		Nick Thompson Inspiration
10:30	Panel discussion		All

10:45 Coffee break

IF & HPN complications Chairs: Diane Brundrett & Maryam Amin		
11:15	Metabolic complications	Suzanne Donnelly
11:40	Managing abnormal LFTs in long term parenteral support	Simon Gabe
12:05	Catheter related thrombosis	James Willsmore
12:25	Catheter related sepsis under the microscope	Simon Lal
12:50	Panel discussion	All

13:00 Lunch break

Patient perspective Chairs: Roshni Patel & Mani Naghibi		
14:00	Life on HPN – a life worth living?	Alison Culkin
14:25	Patient perspective on life with intestinal failure	Bethia Mason
14:50	Long term outcomes, intestinal rehabilitation & growth factors	Simon Gabe
15:15	Panel discussion	All

15:30 Tea break

Difficult decisions Chairs: Alison Culkin & Simon Gabe		
16:00	End stage malignancy, parenteral nutrition and remote discharge	Mani Naghibi
16:25	Multivisceral transplantation	Lisa Sharkey
16:50	Discussion	All
17:00	Summary and close	











