



# Bowel Management for Continence Advisors

Tuesday March 15th 2016

**Convenors:** Mrs Brigitte Collins, Lead Nurse

**Target Audience:** Continence advisors

## Learning Objectives:

This study day is for continence advisors to gain knowledge and confidence in managing faecal incontinence conservatively as set out at level 1 in the Royal College of Surgeons guidance for faecal incontinence.

## The day will focus on:

- Anatomy and physiology of the pelvic floor
- Written assessment
- Physical assessment
- Dietary modification
- Medication e.g. antidiarrhoeals
- Continence product advice
- Psychological support

Clinical cases can be brought for discussion.

**Cost:** £65.00 per person includes mid-morning coffee and lunch. For further information, to view the course programme and apply online, visit:

**[www.stmarksacademicinstitute.org.uk](http://www.stmarksacademicinstitute.org.uk)**

For further enquiries, our e-mail is:

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