





Getting (and keeping) patients home on parenteral nutrition

Jo Gent – CNS Nutrition, St Mark's and Homecare nurse, Calea UK Roshni Patel – Specialist Gastroenterology and Nutrition Pharmacist Nutrition and Intestinal Failure St Mark's Hospital





Overview

- What is home parenteral nutrition (HPN)?
- What to consider before sending a patient home with HPN.
- □ The discharge pathway.
- **□** The patient experience.

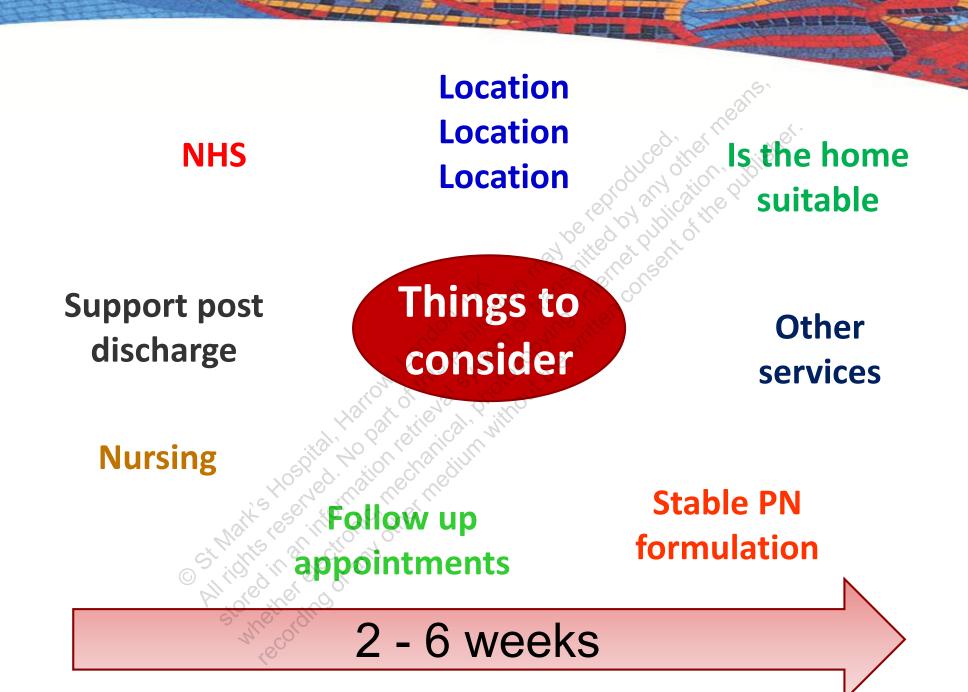
What is HPN?

- □ It is PN for patients with intestinal failure in whom PN is feasible at home
- □ It is governed by the National Framework for the supply of Home Parenteral Nutrition
- **□7 HPN companies in England**

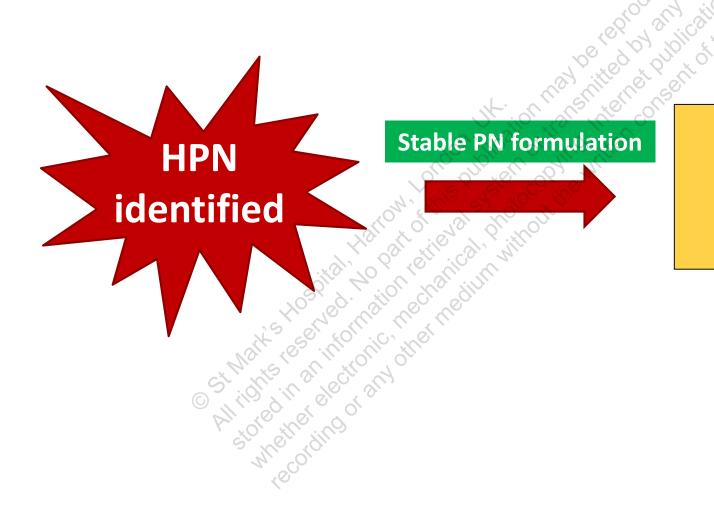
For more information contact: <u>Jacqueline.Eastwood@lpp.nhs.uk</u>

What is the HPN framework?

- □ Formal procurement process funded by NHS England for adults and children.
- Standardises services provided by different homecare companies:
 - Nursing
 - **■**Supplies and equipment
 - **□** Framework medicines
- Allows equal access to HPN services regardless of where you live in England.

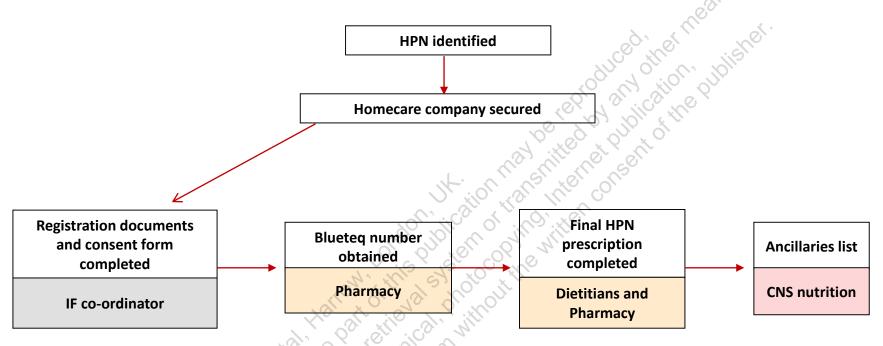


Discharge pathway



Secure a homecare company

Discharge pathway

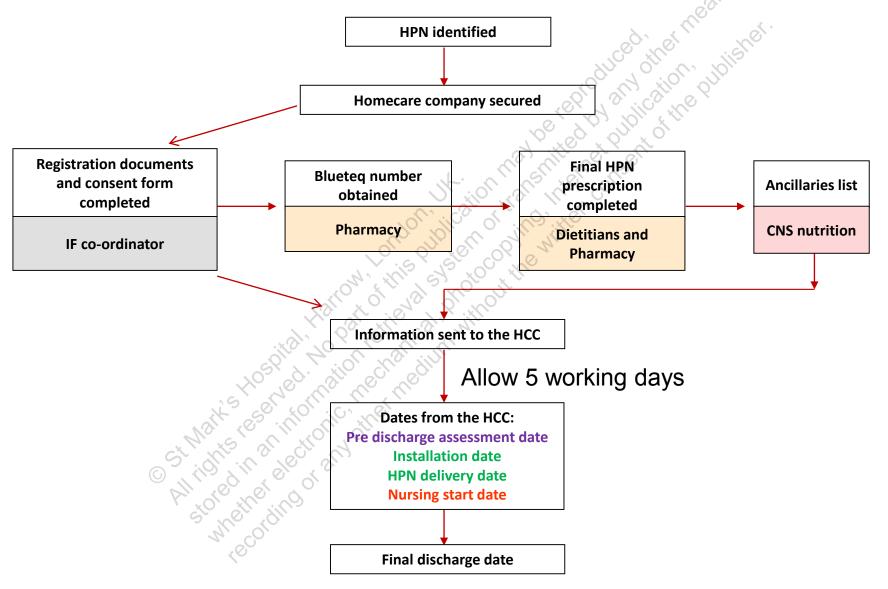


Ancillaries



- Standard ancillary list
 - Items selected based on current evidence & best practice guidelines
- The decision to use a specific product remains the responsibility of the individual HPN centre
 - Not restricted to what is used in hospital
 - Only items on the framework list will be reimbursed by NHS England
 - Other items can be requested but will need to be paid for by the discharging hospital
 - Ancillaries required to administer non framework medications must be provided by another source.

Discharge pathway



Patient assessment for HPN

- In partnership with the homecare company.
- Can identify
 - Environmental risks
 - **□** Is there electricity and hot water?
 - ■Do they have access to a phone?
 - **□** Potential for the patient to train?
 - **■**Storage of equipment
 - **■**Where will clinical procedures take place?
- **□** Family or carer present where possible.

Pre discharge information exchange

Meeting with the Homecare nurse

Atraumatic clamps

Patient assessment tool

CVC advice and contact sheet

Clinical information for the nursing team

What happens next?



The Installation Delivery



Installation Nurse Visit

Unpacking and organising!

Support the patient and the family

Answer questions

Key points of the HPN service

Troubleshooting skills

Beyond discharge....

- Completion of training/continuation of nursing
- Weekly report for nursed patients
- Contact with Homecare company
- Attending outpatient appointment
- Clinical record system
- Helpline HCC/St Mark's
- Newsletter
- Social media
- PINNT

The patient's experience

- "I was panicking when I saw all the boxes and then the homecare nurse arrived... like an angel!"
- " they do it the same way they do it in hospital and I like that, it makes me feel safe"
- "I am so relieved to be at home and now I just can't wait to finish my training and start living my life again, and going out and doing things I want to do"