

Horizons in intestinal failure, rehabilitation & home parenteral nutrition
Royal College of Physicians
16th of October 2024
Day 1 – The basics

08:30 Registration

08:55 Welcome (Mani Naghibi & Alison Culkin)

Type 1 intestinal failure (Chair: TBC)		
09:00	Definitions and classification of intestinal failure	Mani Naghibi
09:20	Managing refeeding syndrome	Alison Culkin
09:45	Estimating requirements for patients requiring parenteral nutrition	Kathleen McGrath
10:05	Case	Alison Culkin/Kathleen McGrath
10:20	Panel discussion	

10:30 Coffee break

Management of type 1 intestinal failure (Chair: TBC)		
11:00	Managing intestinal failure on ICU - case	Mina Bharal <i>LNWH Trust</i>
11:20	Medical management of ileus & obstruction	Mani Naghibi
11:40	Drug management in ileus & obstruction	Riddhika Joshi
12:00	Surgical management of type 1 intestinal failure	Phil Tozer
12:20	Panel discussion	All

12:40 Lunch break

Parenteral nutrition in type 1 intestinal failure (Chair: TBC)		
13:40	Nutritional management of ileus & obstruction	Kathleen McGrath
14:00	Management of micronutrients	Callum Livingstone <i>Royal Surrey Hospital</i>
14:20	Debate: Patients with type 1 intestinal failure should receive peripheral parenteral nutrition	For: Charmain Banks <i>Royal Surrey Hospital</i> Against: Uchu Meade
14:50	Panel discussion	All

15:00 Tea break

Complications during short term parenteral nutrition (Chair: TBC)		
15:30	Should all venous access devices be treated the same?	Gemma Crutchley
15:50	Sepsis: the difficult questions	Simon Gabe
16:10	Abnormal liver function: don't blame the PN	Alison Culkin
16:30	Final discussion	All

17:00	Summary and close	
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Day 2 – The complex

08:30 Registration

08:55 Welcome (Simon Gabe)

High output stoma and enterocutaneous fistulae (Chairs: TBC)		
09:00	Medical management	Simon Gabe/ Maryam Clark
09:20	Surgical management	TBC
09:50	Dietary management	St Mark's Dietitian
10:10	Panel discussion	All

10:30 Coffee break

Prehabilitation and distal limb feeding/fistuloclysis (Chair: TBC)		
11:00	Prehabilitation and preparing the patient for surgery – Case	Richard Holman
11:25	Distal feeding: how to do it!	St Mark's Team
11:50	What are the important outcomes for type 2 surgery? Does distal feeding make a difference?	TBC
12:15	Panel discussion	All

12:30 Lunch break

Disorders of the gut brain interaction (Chair: TBC)		
13:30	Medical management	Gehanjali Amarasinghe
13:50	Nutritional management and ARFID	Lee Martin <i>University College Hospital</i>
14:10	Beyond the BNF: Psychotropic approaches	Calum Moulton
14:30	Panel discussion	All

14.45 Tea break

Getting the most from jejunal access (Chair: TBC)		
15:15	Jejunal feeding tubes – case	Simon Gabe/Jo Gent
15:45	Optimising jejunal feeding	Diane Brundrett
16:05	Optimising medication	Roshni Patel
16:25	Panel discussion	All
16:40	Summary and close	

Horizons in intestinal failure, rehabilitation & home parenteral nutrition
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18th of October 2024
Day 3 – The long term

08:30 Registration

08:55 Welcome (Simon Gabe & Alison Culkin)

Home parenteral nutrition (Chair: TBC)		
09:00	Patient perspective on life with intestinal failure	Sandra Beale-Ellis
09:30	What to do when a patient on HPN is admitted to your hospital.	Jo Gent
09:50	Monitoring patients on home parenteral support	Nicola Vernon & Roshni Patel
10:10	Psychological support for patients with intestinal failure	Sonya Frearson
10:30	Panel discussion	All

10:45 Coffee break

Complications (Chair: TBC)		
11:15	Managing intestinal failure associated liver disease	Simon Gabe
11:45	Managing metabolic complications	Suzanne Donnelly
12:15	Managing catheter related bloodstream infections and thrombosis	St Mark's Nutrition Nurse
12:45	Panel discussion	All

13:00 Lunch break

Patient perspective (Chair: TBC)		
14:00	Quality of life on home parenteral support	Alison Culkin
14:25	Long term outcomes, intestinal rehabilitation & growth factors	Francisca Joly <i>Beaujon Hospital, University of Paris</i>
14:50	Transplantation	Neil Russell <i>Cambridge University Hospital</i>
15:15	Panel discussion	All

15.30 Tea break

Difficult decisions (Chair: TBC)		
16:00	Can we avoid PN in malignant bowel obstruction	Lindsey Allen <i>Royal Surrey Hospital</i>
16:25	End stage malignancy and remote discharge	Mani Naghibi
16:50	Final discussion	All
17:00	Summary and close	