

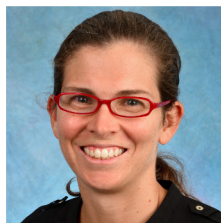
The 22nd Annual International Congress

Frontiers in Colorectal and Intestinal Disease

Tackling uncertainty in colorectal disease

20-22 November 2024

Please join us in person at this live event, or as part of our large international audience online! This year we will be at the magnificent Glaziers Hall, 9 Montague Close, London Bridge, London SE1 9DD



Sir Alan Parks
Visiting Professor

Basil Morson
State of the Art Lecture

Sir Francis Avery Jones
Visiting Professor

John Lennard-Jones
Visiting Professor

Antonino Spinelli

Division Director of Colon & Rectal Surgery & Professor of Surgery, Humanitas University, Milan

Christianne Buskens

Specialised IBD colorectal surgeon, Cancer Center Amsterdam UMC

Millie Long

Director of the Division of Gastroenterology and Hepatology, University of North Carolina

Matt Rutter

Professor of Gastroenterology, University Hospital of North Tees

www.stmarksacademicinstitute.org.uk





Dean's Welcome

Welcome to our 22nd Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London to our 22nd Annual Frontiers in Colorectal and Intestinal Disease. This year the spotlight is on colorectal cancer. We look forward to welcoming a face-to-face audience to the magnificent Glaziers Hall, 9 Montague Place, London Bridge, London, SE1 9DD.

In addition, we are delighted to welcome our online audience from around the world. We will be making full use of high quality audio visual facilities to give our audience an excellent experience, whether you are with us in person, or joining us from elsewhere in the world.

The Congress will cover a broad range of topics, all of which are multidisciplinary, and encompass real issues that we deal with day-to-day in our clinics, presented by leading experts.

We will also present cutting edge research, and are honoured to have **Millie Long (USA)** as our Sir Francis Avery Jones Visiting Professor, **Antonino Spinelli (Italy)** as our Sir Alan Parks Visiting Professor, **Matt Rutter (UK)** as our John Lennard-Jones Visiting Professor, and **Christianne Buskens (Netherlands)** is the presenting the Basil Morson State of the Art Lecture.

We will combine medical, endoscopic, radiological, oncological, surgical, nursing and nutritional expertise throughout the programme, and also ensure that our patients' voice is loudly heard.

The Congress is organised into a number of plenary sessions:

On Wednesday, we have sessions entitled The Crohn's Disease Paradigm: Shifting Sands; The Thickened Ileum: More Than Meets the Eye; Overcoming the Taboo of

Perineal Injuries; and Rectal Challenges.

On Thursday, we have two seminar rooms, The Frederick Salmon Room features To Reconstruct or Not: Rectal Cancer and IBD; Acute Anastomotic Leaks: Avoidance and Coping Strategies; Endoscopy: is the intervention the right one?; and Endoscopy: advanced polyp management. The Cuthbert Dukes Room presents The In-Betweeners: Bridging the Adolescent Gap; Managing IBD in the Golden Years; and Complex Cancer: How to Achieve the Goldilocks Operation.

On Friday, the Salmon Room sessions are 100 year of polyposis, and new challenges; The Unmet Needs in Early Onset Colorectal Cancer; and The Problematic Pouch. The Dukes Room sessions are Turning the Tide on Refractory IBD; Uncertainties in Intestinal Rehabilitation; and Small Bowel, Big Dilemmas.

We conclude our symposium with a session with all the leading lights coming together for what should be an enlightening and entertaining discussion, 'Leadership in Healthcare at a Time of Uncertainty - Patient-Centered Change During Uncertain Times'.

We would like to take this opportunity to express our gratitude to all sponsors for their support and contribution to this Congress.

We hope that you will find the next few days interesting, stimulating, educational and, at times, controversial.

We wish you an enjoyable time in London for the 22nd Meeting of the Frontiers Congress.

**Professor Naila Arebi, Dean
St Mark's Academic Institute**



The Frederick Salmon Room

08:00 Registration 09:00 Welcome from the Dean **Naila Arebi**

Crohn's disease paradigm: shifting sands



Chairs: **Naila Arebi, Janindra Warusavitarne**

09:15

Old tools, new tricks – the role of intestinal ultrasound in IBD

Stuart Taylor

09:30

First line therapy is surgery; first line therapy is drugs **Nikolaos Kamperidis, Guy Worley**

09:45

Surgical innovations – are we making progress?

Steven Brown

10:00

What happens after surgery? Preventing post-operative recurrence

Krisztina Gecse

10:15

Panel discussion

Chairs: **Naila Arebi, Janindra Warusavitarne**.
Panel: **Stuart Taylor, Nikolaos Kamperidis, Guy Worley, Steve Brown, Krisztina Gecse**

10:40 Break

The thickened ileum: more than meets the eye



Chairs: **Kapil Sahnan, Lisa Younge**

11:00

Case vignette of presentation with terminal ileum inflammation/inflammatory mass

Ravi Misra

11:15

How to deal with diagnostic uncertainty

Arun Gupta, Lajja Panchal

11:30

Mild Crohn's disease – watch or treat?

Joana Torres

11:45

Setting the scene for surgery: how to stage it

Omar Faiz

12:00 Panel discussion

Chairs: **Kapil Sahnan, Lisa Younge**. Panel: **Ravi Misra, Arun Gupta, Lajja Panchal, Joana Torres, Omar Faiz**

12:30 SIR FRANCIS AVERY JONES
Visiting Professor Lecture



Chair: **Naila Arebi**

Management of ulcerative colitis: the road ahead

Millie Long

13:00 Lunch



The Frederick Salmon Room

13:45 Lunchtime symposium 1

Overcoming the taboo of perineal injuries



Chairs: Greg Thomas, Kapil Sahnan

14:30

Modern understanding of continence
TBC

14:45

Non-obstetric anal trauma
Kate Hancorn

15:00

Obstetric anal sphincter injuries
Carolynne Vaizey

15:15

Recto-vaginal fistulae: how to decide treatment options
Phil Tozer

15:30 Panel discussion

Chairs: Greg Thomas, Kapil Sahnan. Panel: TBC, Kate Hancorn, Carolynne Vaizey, Phil Tozer

16:00 Break

Rectal challenges



Chairs: Janindra Warusavitarne, Carolynne Vaizey

16:20

The complications of pelvic mesh
Suzy Elneill

16:30

The recurring rectal prolapse
Greg Thomas

16:40

Treatment options for low anterior resection syndrome
TBC

16:50

Obstructed defecation: radiology and management strategies
Arun Gupta, Greg Thomas

17:05 Panel discussion

Chairs: Janindra Warusavitarne, Carolynne Vaizey.
Panel: Suzy Elneill, Arun Gupta, Greg Thomas & TBC

17:35

John Nicholls Prize

Chair: Naila Arebi

Panel: John Nicholls



17:50 Close



The Frederick Salmon Room

09:00

Welcome from the Sub-Dean **Elaine Burns**

To reconstruct or not: rectal cancer and IBD



Chairs: Kapil Sahnun, Anthony Antoniou

09:05

Restoration of continuity versus function in rectal cancer

Eva Angenete

09:20

Turnbull-Cutait: is this just a perineal colostomy by another name?

Ian Jenkins

09:35

The pouch is dead, long live the rectum

Christianne Buskens

09:50

The Kock pouch

Omar Faiz

10:05 Panel discussion

Chairs: Kapil Sahnun, Anthony Antoniou. Panel: Eva Angenete, Ian Jenkins, Christianne Buskens, Omar Faiz

10:30 Break

The Cuthbert Dukes Room

09:00

Welcome from the Sub-Dean **Kevin Monahan**

The in-betweeners: bridging the adolescent gap



Chairs: Warren Hyer, Ailsa Hart

09:05

My patient journey from symptoms to treatment

Patient, Naila Arebi

09:20

Specialist nurses in transition care: where the twain shall meet

Kay Crook, Jitka Adio

09:35

Dietary therapy in Crohn's disease: a taste of things to come

Konstantinos Gerasimidis

09:50

Early-onset IBD: implications for later care

Jochen Kammermeier

10:05 Panel discussion

Chairs: Warren Hyer, Ailsa Hart. Panel: Naila Arebi, Kay Crook, Jitka Adio, Konstantinos Gerasimidis, Jochen Kammermeier

10:30 Break



The Frederick Salmon Room

Acute anastomotic leaks: avoidance and coping strategies



Chairs: Elaine Burns, Thomas Glover

10:50 My experience of an anastomotic leak
Patient video

11:05 Designing out anastomotic leaks
Antonino Spinelli

11:20 Can we prevent the acute becoming chronic? TBC

11:35 The role of endoscopy in anastomotic leaks
Siwan Thomas-Gibson

11:50 The management of chronic leaks
Ian Jenkins

12:05 Panel discussion

Chairs: Elaine Burns, Thomas Glover. Panel:
Antonino Spinelli, Siwan Thomas-Gibson, Ian
Jenkins & TBC

12:30 SIR ALAN PARKS
Visiting Professor Lecture



Chair: Elaine Burns
Training in the high tech era:
The challenges & opportunities
Antonino Spinelli

13:00 Lunch

13:45 Lunchtime symposium 2

The Cuthbert Dukes Room

Managing IBD in the golden years



Chairs: James Alexander, Tracey Tyrrell

10:50
Patient perspective of living with uncertainty in
later life

Patient interview

11:05
Treatment goals in older people: taking it in
STRIDE

Hannah Gordon

11:20
You've hit the target, should you de-escalate?
Millie Long

11:35
Mitigating treatment-related complications:
infections and cancer
Nick Powell

11:50
Surgery: more than a fighting chance to
success

Thomas Pinkney

12:05 Panel discussion
Chairs: James Alexander, Tracey Tyrrell. Panel:
Hannah Gordon, Millie Long, Nick Powell, Thomas
Pinkney

12:30 Lunch

13:15 Lunchtime symposium 3



The Frederick Salmon Room

14:30 BASIL MORSON
State of the Art Lecture



Chair: Naila Arebi
What should surgical outcomes look like in IBD?
Christianne Buskens

Endoscopy: is the intervention the right one?

Chairs: Adam Haycock, Maggie Vance

15:00

Is the patient fit enough for endoscopy and endoscopic therapy? The value of frailty assessment

Michael Fertleman

15:15

Polyps in older people - to remove or not to remove?

Matt Rutter

15:30

Surveillance in IBD dysplasia: changing paradigms

Brian Saunders, Ana Wilson

15:45

Dissect and discard diminutive polyps: the demise of histology?

Ahmir Ahmad

16:00

Panel discussion and cases

Presenter: Adam Humphries. Chairs: Adam Haycock, Maggie Vance. Panel: Brian Saunders, Matt Rutter, Ana Wilson, Michael Fertleman

16:30 Break

The Cuthbert Dukes Room

Complex cancer: how to achieve the Goldilocks operation?



Chairs: Nicola Hodges, Caroline Gee

15:00 How big is too big? **Per Nilsson**

15:15 Mitigating and managing the consequences of exenteration surgery
Eva Angenete

15:30 The next frontier in exenteration surgery
Ian Jenkins

15:45 Panel discussion

Chairs: Nicola Hodges, Caroline Gee. Panel: Eva Angenete, Ian Jenkins, Thomas Glover, Michele Marshall, & TBC

16:15 Break

16:35

Chairs: Per Nilsson, Elaine Burns

Debate

Robotic rectal cancer surgery: real or unreal?
Danilo Miskovic & Tim Rockall

18:00 Close



The Frederick Salmon Room

Endoscopy: Advance polyp management - which intervention?



Chairs: Jon Landy, Siwan Thomas-Gibson

16:50

Endoscopically resectable or non-resectable?
An eye for details

Amyn Haji

17:05

A deep dive into the dissection plane

Noriko Suzuki

17:20

Cancer in a resected polyp: continued
surveillance or one-off surgery?

Leon Moons

17:35 Panel discussion and video presentation

Case presenter: Jon Landy. Chairs: Kevin
Monahan, Siwan Thomas-Gibson. Panel: Amyn
Haji, Leon Moons, Brian Saunders, Noriko Suzuki

18:00 Close



The Frederick Salmon Room

09:00

Welcome from the Sub-Dean **Kevin Monahan**

100 years of polyposis and new challenges



Chairs: **Omar Faiz, Ash Sinha**

09:05

Desmoids: who to treat, when and with what?

Susan Clark

09:20

Large bowel in FAP - from prevention to intervention

Andrew Latchford

09:35

What counts with multiple colorectal adenomas extends beyond the count

Vicky Cuthill

09:50

Case-based discussion

Chairs: **Omar Faiz, Ash Sinha**. Panel: **Katy Newton, Andrew Latchford, Susan Clark, Vicky Cuthill**

10:15 Break

The Cuthbert Dukes Room

09:00

Welcome from the Dean **Naila Arebi**

Turning the tide on refractory IBD



Chairs: **Lisa Younge, Naila Arebi**

09:05

ASUC: treating beyond the limits

Kamal Patel

09:20

An urgent look at urgency and what it means to live with it

Aline Charabaty

09:35

The science behind the treatment

Gareth-Rhys Jones

09:50

Cutting edge surgery - it's all in the timing?

Kapil Sahnan

10:05 Discussion

Chairs: **Lisa Younge, Naila Arebi**. Panel: **Kamal Patel, Aline Charabaty, Gareth-Rhys Jones, Kapil Sahnan**

10:30 Break



The Frederick Salmon Room

The unmet needs in early onset colorectal cancer



Chairs: Ash Sinha, Elaine Burns

10:35

The landscape in the UK

Kevin Monahan

10:50

Personalising oncological management

David Church

11:05

Balancing sexual health, fertility and long-term consequences

Gabrielle van Ramhorst

11:20 Panel discussion

Chairs: Ash Sinha, Elaine Burns. Panel: Kevin Monahan, David Church, Gabrielle van Ramhorst

11:40 JOHN LENNARD-JONES
Visiting Professor Lecture



Chair: Kevin Monahan

The future of endoscopy, where we are going and how to get there?

Matt Rutter

12:10 Lunch

12:55 Lunchtime symposium 4

The Cuthbert Dukes Room

Uncertainties in intestinal rehabilitation



Chairs: Mia Small, Mani Naghibi

10:50

When is it worth delaying surgery to optimise a patient?

Akash Mehta

11:05

When to feed a patient with an intestinal fistula

Suzanne Donnelly

11:20

Is it possible to achieve a short bowel regime on a general ward?

Akash Mehta, Simon Gabe

11:35

How is it best to feed distally in a patient with bowel out of continuity and is it worth it?

Simon Gabe

11:50 Panel discussion

Chairs: Mia Small, Mani Naghibi. Panel: Akash Mehta, Suzanne Donnelly, Simon Gabe

12:15 Lunch

13:00 Lunchtime symposium 5



The Frederick Salmon Room

The problematic pouch



Chairs: Naila Arebi, Omar Faiz

13:40

Living with a failing pouch: a patient experience

Patient, Siwan Thomas-Gibson

13:55

Endoscopic assessment of the pouch
TBC

14:10

Chronic pouchitis: interventions to avoid failure
Millie Long

14:25

Pouch MDT: overcoming uncertainty with case-based discussions
MDT discussion

14:50 Panel discussion

Chairs: Naila Arebi, Omar Faiz. Panel: Siwan Thomas-Gibson, Ellie Bradshaw, Millie Long, Alex Fitzhugh, Katie Devlin

15:15 Break

15:30 Leadership in healthcare at a time of uncertainty: Patient-centered change during uncertain times

Robert Logan (NHS England), Ayesha Akbar, Claire Taylor, Surgeon

16:10 Final word from the Dean Naila Arebi

16:20 Close

The Cuthbert Dukes Room

Small bowel, big dilemmas



Chairs: Simon Gabe, Gideon Lipman

13:45

Coeliac disease: separating the wheat from the chaff Suzanne Donnelly

14:00

SIBO: is it all hot air?
Gehanjali Amarasinghe

14:15

A sticky bowel: patient life-long experience
Meha Bhuva

14:30

Prevention and management
Akash Mehta

14:45 Panel discussion

Chairs: Simon Gabe, Gideon Lipman. Panel: Suzanne Donnelly, Gehanjali Amarasinghe, Meha Bhuva, Akash Mehta

15:05 Break

15:30 Leadership in healthcare at a time of uncertainty: Patient-centered change during uncertain times

Robert Logan (NHS England), Ayesha Akbar, Claire Taylor, Surgeon

16:10 Final word from the Dean Naila Arebi

16:20 Close



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