

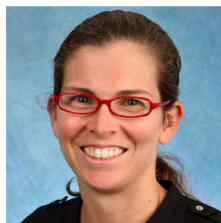
The 22nd Annual International Congress

Frontiers in Colorectal and Intestinal Disease

Tackling uncertainty in colorectal disease

20-22 November 2024

Please join us in person at this live event, or as part of our large international audience online! This year we will be at the magnificent Glaziers Hall, 9 Montague Close, London Bridge, London SE1 9DD



Sir Alan Parks
Visiting Professor

Basil Morson
State of the Art Lecture

Sir Francis Avery Jones
Visiting Professor

John Lennard-Jones
Visiting Professor

Antonino Spinelli

Division Director of Colon
& Rectal Surgery & Professor
of Surgery, Humanitas
University, Milan

Christianne Buskens

Specialised IBD colorectal
surgeon, Cancer Center
Amsterdam UMC

Millie Long

Director of the Division of
Gastroenterology and
Hepatology, University
of North Carolina

Matt Rutter

Professor of
Gastroenterology, University
Hospital of North Tees

www.stmarksacademicinstitute.org.uk





Dean's Welcome

Welcome to our 22nd Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London to our 22nd Annual Frontiers in Colorectal and Intestinal Disease. This year the spotlight is on colorectal cancer. We look forward to welcoming a face-to-face audience to the magnificent Glaziers Hall, 9 Montague Place, London Bridge, London, SE1 9DD.

In addition, we are delighted to welcome our online audience from around the world. We will be making full use of high quality audio visual facilities to give our audience an excellent experience, whether you are with us in person, or joining us from elsewhere in the world.

The Congress will cover a broad range of topics, all of which are multidisciplinary, and encompass real issues that we deal with day-to-day in our clinics, presented by leading experts.

We will also present cutting edge research, and are honoured to have **Millie Long (USA)** as our Sir Francis Avery Jones Visiting Professor, **Antonino Spinelli (Italy)** as our Sir Alan Parks Visiting Professor, **Matt Rutter (UK)** as our John Lennard-Jones Visiting Professor, and **Christianne Buskens (Netherlands)** is the presenting the Basil Morson State of the Art Lecture.

We will combine medical, endoscopic, radiological, oncological, surgical, nursing and nutritional expertise throughout the programme, and also ensure that our patients' voice is loudly heard.

The Congress is organised into a number of plenary sessions:

On Wednesday, we have sessions entitled The Crohn's Disease Paradigm: Shifting Sands; The Thickened Ileum: More Than Meets the Eye; Traumatic Fistula and

Sphincter Injury; and Rectal Troubles.

On Thursday, we have two seminar rooms, Room One features To Reconstruct or Not: Rectal Cancer and IBD; Acute Anastomotic Leaks: Avoidance and Coping Strategies; and Complex Cancer: How to Achieve the Goldilocks Operation. Room Two presents The In-Betweeners: Bridging the Adolescent Gap; Managing IBD in the Golden Years; Endoscopy: is the intervention the right one?; and Endoscopy: advanced polyp management.

On Friday, our Room One sessions are Turning the Tide on Refractory IBD; The Unmet Needs in Early Onset Colorectal Cancer; and Small Bowel, Big Dilemmas. In Room Two we have 100 Years of Polyposis and New Challenges; The Failing Pouch; and Palliative Nutrition.

We conclude our symposium with a session with all the leading lights coming together for what should be an enlightening and entertaining discussion, 'Leadership in Healthcare at a Time of Uncertainty'.

We would like to take this opportunity to express our gratitude to all sponsors for their support and contribution to this Congress.

We hope that you will find the next few days interesting, stimulating, educational and, at times, controversial.

We wish you an enjoyable time in London for the 22nd Meeting of the Frontiers Congress.

**Professor Naila Arebi, Dean
St Mark's Academic Institute**



08:00 Registration 09:00 Welcome from the Dean **Naila Arebi**

Crohn's disease paradigm: shifting sands



Chairs: **Naila Arebi, Janindra Warusitarvarne**

09:15

Old tools, new tricks – the role of intestinal ultrasound in IBD

Stuart Taylor

09:30

First line therapy is surgery; first line therapy is drugs **Nikolaos Kamperidis, Guy Worley**

09:45

Surgical innovations – are we making progress?

Steve Brown

10:00

What happens after surgery? Preventing post-operative recurrence

Krisztina Gecse

10:15

Panel discussion

Chairs: **Naila Arebi, Janindra Warusavitarne.**

Panel: **Stuart Taylor, Nikolaos Kamperidis, Guy Worley, Steve Brown, Krisztina Gecse**

10:40 Break

The thickened ileum: more than meets the eye



Chairs: **Kapil Sahnan, Lisa Younge**

11:00

Case vignette of presentation with terminal ileum inflammation/inflammatory mass

Ravi Misra

11:15

How to deal with diagnostic uncertainty

Arun Gupta, Lajja Panchal

11:30

Mild Crohn's disease – watch or treat?

Joane Torres

11:45

Setting the scene for surgery: how to stage it

Omar Faiz

12:00 Panel discussion

Chairs: **Kapil Sahnan, Lisa Younge.** Panel: **Ravi Misra, Arun Gupta, Lajja Panchal, Joane Torres, Omar Faiz**

12:30 SIR FRANCIS AVERY JONES
Visiting Professor Lecture



Chair: **Naila Arebi**

Management of ulcerative colitis:
the road ahead

Millie Long

13:00 Lunch

13:45 Lunchtime symposium 1



Traumatic fistula and sphincter injury



Chairs: Greg Thomas, Kapil Sahnan

14:30

Modern understanding of continence
TBC

14:45

Non-obstetric anal trauma
TBC

15:00

Obstetric anal sphincter injuries
Carolynne Vaizey

15:15

Recto-vaginal fistulae: how to decide treatment options
Phil Tozer

15:30 Panel discussion

Chairs: Greg Thomas, Kapil Sahnan. Panel: Charlie Knowles, Carolynne Vaizey, Phil Tozer & TBC

16:00 Break

When the rectum doesn't work!



Chairs: Janindra Warusitavarne, Carolynne Vaizey

16:20

The complications of pelvic mesh
Suzie Elneill

16:30

The recurring rectal prolapse
Greg Thomas

16:40

Treatment options for low anterior resection syndrome
TBC

16:50

Obstructed defecation: radiology and management strategies
Arun Gupta, Greg Thomas

17:05 Panel discussion

Chairs: Janindra Warusitavarne, Carolynne Vaizey.
Panel: Suzie Elneill, Arun Gupta, Greg Thomas & TBC

17:35

John Nicholls Prize

Chair: Naila Arebi

Panel: John Nicholls



17:50 Close



Room 1

09:00

Welcome from the Sub-Dean **Elaine Burns**

To reconstruct or not: rectal cancer and IBD



Chairs: Kapil Sahnna, Anthony Antoniou

09:05

Restoration of continuity versus function in rectal cancer

Eva Angenete

09:20

Turnbull-Cutait: is this just a perineal colostomy by another name?

Ian Jenkins

09:35

The pouch is dead, long live the rectum

Christianne Buskens

09:50

The Kock pouch

Omar Faiz

10:05 Panel discussion

Chairs: Kapil Sahnna, Anthony Antoniou. Panel: Eva Angenete, Ian Jenkins, Christianne Buskens, Omar Faiz

10:30 Break

Room 2

09:00

Welcome from the Sub-Dean **Kevin Monahan**

The in-betweeners: bridging the adolescent gap



Chairs: Warren Hyer, Ailsa Hart

09:05

My patient journey from symptoms to treatment

Patient, Naila Arebi

09:20

Specialist nurses in transition care: where the twain shall meet

Kay Crook, Jitka Adio

09:35

Dietary therapy in Crohn's disease: a taste of things to come

Konstantinos Gerasimidis

09:50

Early-onset IBD: implications for later care

Jochen Kammermeier

10:05 Panel discussion

Chairs: Warren Hyer, Ailsa Hart. Panel: Naila Arebi, Kay Crook, Jitka Adio, Konstantinos Gerasimidis, Jochen Kammermeier

10:30 Break



Room 1

Acute anastomotic leaks: avoidance and coping strategies



Chairs: Elaine Burns, Thomas Glover

10:50 My experience of an anastomotic leak
Patient video

11:05 Designing out anastomotic leaks
Antonino Spinelli

11:20 Can we prevent the acute becoming chronic? **TBC**

11:35 The role of endoscopy in anastomotic leaks
Siwan Thomas-Gibson

11:50 The management of chronic leaks
Ian Jenkins

12:05 Panel discussion

Chairs: Elaine Burns, Thomas Glover. **Panel:** Antonino Spinelli, Siwan Thomas-Gibson, Ian Jenkins & TBC

12:30 SIR ALAN PARKS
Visiting Professor Lecture



Chair: Elaine Burns
Training in the high tech era:
The challenges & opportunities
Antonino Spinelli

13:00 Lunch

13:45 Lunchtime symposium 2

Room 2

Managing IBD in the golden years



Chairs: James Alexander, Tracey Tyrrell

10:50
Patient perspective of living with uncertainty in later life

Patient

11:05
Treatment goals in older people: taking it in STRIDE

Hannah Gordon

11:20
You've hit the target, should you de-escalate?
Millie Long

11:35
Mitigating treatment-related complications: infections and cancer
Nick Powell

11:50
Surgery: more than a fighting chance to success
TBC

12:05 Panel discussion
Chairs: James Alexander, Tracey Tyrrell. **Panel:** Hannah Gordon, Millie Long, Nick Powell & TBC

12:30 Lunch

13:15 Lunchtime symposium 3



Room 1

Complex cancer: how to achieve the Goldilocks operation?



Chairs: Nicola Hodges, Caroline Gee

14:30 How big is too big? TBC

14:45 Mitigating and managing the consequences of exenteration surgery
Eva Angenete

15:00 The next frontier in exenteration surgery
Ian Jenkins

15:15 Panel discussion

Chairs: Nicola Hodges, Caroline Gee. Panel: Eva Angenete, Ian Jenkins, Thomas Glover, Michele Marshall, & TBC

15:45 Break

16.05

Debate: Robotic rectal cancer surgery: real or unreal?

Danilo Miskovic & TBC

16:30 BASIL MORSON
State of the Art Lecture



Chair: Naila Arebi

What should surgical outcomes look like in IBD?

Christianne Buskens

17:00 Close

Room 2

Endoscopy: is the intervention the right one?

Chairs: Adam Haycock, Maggie Vance

14:00 Is the patient fit enough for endoscopy and endoscopic therapy? The value of frailty assessment
Michael Fertleman

14:15 Endoscopic surveillance in older people: is there an exit strategy? **Matt Rutter**

14:30 Polyps in older people: to remove or not to remove? **Brian Saunders**

14:45 Dissect and discard diminutive polyps: the demise of histology? **Ahmir Ahmad**

15:00 Cases and discussion **Presenter: Adam Humphries.** Chairs: Adam Haycock, Maggie Vance. Panel: Brian Saunders, Matt Rutter, Ana Wilson, Michael Fertleman

15:30 Break

Endoscopy: advanced polyp management

Chairs: Kevin Monahan, Siwan Thomas-Gibson

15:50 Endoscopically resectable or non-resectable? An eye for details **Amyn Haji**

16:05 A deep dive into the dissection plane
Noriko Suzuki

16:20 Cancer in a resected polyp: continued surveillance or one-off surgery? **Leon Moon**

16:35 Panel discussion and video presentation

Case presenter: Jon Landy. Chairs: Kevin Monahan, Siwan Thomas-Gibson. Panel: Amyn Haji, Leon Moon, Brian Saunders, Noriko Suzuki

17:30 Close



Room 1

09:00

Welcome from the Sub-Dean **Kevin Monahan**

100 years of polyposis and new challenges



Chairs: Omar Faiz, Ash Sinha

09:05

Desmoids: who to treat, when and with what?

Susan Clark

09:20

Large bowel in FAP - from prevention to intervention

Andrew Latchford

09:35

What counts with multiple colorectal adenomas extends beyond the count

Vicky Cuthill

09:50

Case-based discussion

Chairs: Omar Faiz, Ash Sinha. Panel: Katy Newton, Andrew Latchford, Susan Clark, Vicky Cuthill

10:05 Break

Room 2

09:00

Welcome from the Dean **Naila Arebi**

Turning the tide on refractory IBD



Chairs: Lisa Younge, Naila Arebi

09:05

ASUC: treating beyond the limits

Kamal Patel

09:20

An urgent look at urgency and what it means to live with it

Aline Charabaty

09:35

The science behind the treatment

Gareth-Rhys Jones

09:50

Cutting edge surgery - it's all in the timing?

Kapil Sahnan

10:05 Discussion

Chairs: Lisa Younge, Naila Arebi. Panel: Kamal Patel, Aline Charabaty, Gareth-Rhys Jones, Kapil Sahnan

10:30 Break



Room 1

The unmet needs in early onset colorectal cancer



Chairs: Ash Sinha, Elaine Burns

10:25

The landscape in the UK

Kevin Monahan

10:40

Personalising oncological management

David Church

10:55

Balancing sexual health, fertility and long-term consequences

Gabrielle van Ramhorst

11:10 Panel discussion

Chairs: Ash Sinha, Elaine Burns. Panel: Kevin Monahan, David Church, Gabrielle van Ramhorst

11:40 JOHN LENNARD-JONES
Visiting Professor Lecture



Chair: Kevin Monahan

Matt Rutter

12:10 Lunch

12:55 Lunchtime symposium 4

Room 2

Uncertainties in intestinal rehabilitation



Chairs: Mia Small, Mani Naghibi

10:50

When is it worth delaying surgery to optimise a patient?

Akash Mehta

11:05

When to feed a patient with an intestinal fistula

Suzanne Donnelly

11:20

Is it possible to achieve a short bowel regime on a general ward?

Akash Mehta, Simon Gabe

11:35

How is it best to feed distally in a patient with bowel out of continuity and is it worth it?

Simon Gabe

11:50 Panel discussion

Chairs: Mia Small, Mani Naghibi. Panel: Akash Mehta, Suzanne Donnelly, Akash Mehta, Simon Gabe

12:15 Lunch

13:00 Lunchtime symposium 5



Room 1

The problematic pouch



Chairs: Naila Arebi, Omar Faiz

13:40

Living with a failing pouch: a patient experience

Patient, Siwan Thomas-Gibson

13:55

Endoscopic assessment of the pouch

Siwan Thomas-Gibson

14:10

Chronic pouchitis: interventions to avoid failure

Millie Long

14:25

Pouch MDT: overcoming uncertainty with case-based discussions

MDT discussion

14:50 Panel discussion

Chairs: Naila Arebi, Omar Faiz. Panel: Siwan Thomas-Gibson, Ellie Bradshaw, Millie Long, Alex Fitzhugh, Katie Devlin

15:15 Break

15:30 Leadership in healthcare at a time of uncertainty

Patient-centered change during uncertain times

Robert Logan (NHS England)

16:10 Close

Room 2

Small bowel, big dilemmas



Chairs: Simon Gabe, Gideon Lipman

13:45

Coeliac disease: separating the wheat from the chaff Suzanne Donnelly

14:00

SIBO: is it all hot air?

Gehanjali Amarasinghe

14:15

A sticky bowel: patient life-long experience

Meha Bhuva

14:30

Prevention and management

Akash Mehta

14:45 Panel discussion

Chairs: Simon Gabe, Gideon Lipman. Panel: Suzanne Donnelly, Gehanjali Amarasinghe, Meha Bhuva, Akash Mehta

15:15 Break

15:30 Leadership in healthcare at a time of uncertainty

Patient-centered change during uncertain times

Robert Logan (NHS England)

16:10 Close



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