St Mark's Hospital Central Middlesex Hospital, Acton Lane, Park Royal NW10 7NS. UK Telephone: +44(0) 20 8235 4046/8 Fax: +44(0) 20 8235 4039 Email: info@stmarksacademicinstitute.org.uk Website: www.stmarksacademicinstitute.org.uk



London North West University Healthcare NHS Trust

Dean: Professor Naila Arebi MD MSc PhD FRCP

Capsule Endoscopy Course 13rd & 14th March 2025

Day 1 – Basic Course

Session 1:

08:30-	Coffee and Registration	
<u>09:00</u>		
<u>09:00-</u>	Introductions and course objectives	Adam Humphries &
<u>09:30</u>		Faidon Laskaratos
<u>09:30-</u>	Indication for SBCE which will include:	Faidon Laskaratos
<u>10:00</u>	- Obscure GI Bleeding	
	- Crohn's disease	
	- Complicated Coeliac disease	
	- Polyposis syndromes	
	- Monitoring of treatment	
	- SB tumours	
<u>10:00-</u>	Performing Capsule Endoscopy – Including:	Tracy Masiglat and
<u>10:30</u>	- Bowel Preparation	Jayne Butcher (VCE
	- Consent	Nurses)
	 Practical steps in capsule delivery 	
	 Contraindications and risks (including capsule 	
	retention/aspiration)	
	- Patency Capsule	
<u>10:30-</u>	Reading and Reporting SBC Studies – Including:	Adam Humphries
<u>10:45</u>	- Task of reading	
	- Steps to Efficient Reading	
	- Structure of report including indication,	
	passage time, view quality, findings, diagnosis,	
	recommendations	
10:45-	The Normal SB and normal variants/ unremarkable	Monika
11:00	findings	Rzeznikiewicz (VCE
		nurse)

11:00-11:45 **Coffee break**

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Session 2

11:45-	Hands on with Clips of small bowel pathology	(15 clips)
12:30		

12:30-13:30 Lunch

Session 3

13:30-	Common abnormalities in the small bowel	Faidon Laskaratos
13:45		
13:45-	Small Bowel Transit time and Lesion Localisation:	Adam Humphries
14:00	Choosing the right route for enteroscopy	
14:00-	Small Bowel Capsule findings outside the small bowel	Owen Epstein
14:15		

Coffee 14:15-14:30

Session 4

14:30-	Hands on with Clips (Normal and pathological)	(20 clips)
15:30		

Session 5

15:30-	All you need to know about setting up a capsule unit	Tim Rayne
16:00		
16:00-	The role of specialist nurses in the capsule endoscopy	Hansa Palmer (VCE
16:20	service	nurse)

16:30 End of Day 1

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Day 2 – Advanced Course

Session 1

08:30-	Coffee and registration for day 2	
<u>09:00</u>		
<u>09:00-</u>	Clinical Outcomes and Management	Faidon Laskaratos
<u>09:30</u>		
<u>09:30-</u>	SBCE and Polyps/ Tumours	Adam Humphries
<u>09:50</u>	 Polyposis syndromes 	
	 SB tumours (Benign/Malignant) 	
<u>09:50-</u>	Unusual / Rare Findings	Faidon Laskaratos
<u>10:20</u>		

10:20-11:00 Coffee break

Session 2

11:00-	Hands on session with clips	(15-20 clips)
12:00	- Polyps	
	- Tumours	
	- Unusual findings	

12:10-13:00 Lunch

Session 3:

13:00-	Imaging studies as a complimentary tool in small bowel	Arun Gupta
13:30	assessment	
13:30-	Enteroscopy – Including	Adam Humphries
14:00	- PUSH	
	- SBE	
	- DBE	
	- IOE	
	Capsule Endoscopy beyond the small bowel	
	1. UGI Capsule (14:00-14:20)	Faidon Laskaratos

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14:00-	2. Colon Capsule (14:20-14:40)	Owen Epstein
15:00	3. Panenteric Capsule (14:40-15:00)	Ioanna Parisi

Coffee break 15:00-15:30

Session 4:

15:30-	Hands on with Clips from colon and penenteric	
16:00	capsule endoscopes	

Session 5

16:00-	Recent Developments and Advances in video capsule	
16:30	endoscopy – Including	
	Home based capsule (16:00-16:15)	Ioanna Parisi
	Al, Cloud-based technologies, PillCam Genius (16:15-	Adam Humphries
	16:30)	

16:30 End of day 2 & course