

Horizons in intestinal failure, rehabilitation & home parenteral nutrition

The Royal College of Physicians, 8 – 10 October 2025

Day 1: Type 1 Intestinal Failure

08:30 Registration

08:55 Welcome (Mani Naghibi)

Type 1 intestinal failure (Chairs: Riddhika Joshi and Simon Gabe)		
09:00	Definition and classification of intestinal failure	Mani Naghibi
09:20	Peripheral v central venous access – go low or go home!	Mia Small
09:40	Refeeding syndrome	Olivia Gensale
10:00	Panel discussion	MDT

10:20 Coffee break & opportunity to taste oral rehydration solution

Management of type 1 intestinal failure (Chairs: Flora Kokwaro and Mia Small)		
10:50	Estimating requirements	Dietitian TBC
11:20	Medical management of prolonged ileus and obstruction	Mani Naghibi
11:40	Surgical management of type 1 intestinal failure	Phil Tozer
12:00	Panel discussion	MDT

12:20 Lunch break

Management of a high output stoma (Chairs: Simon Gabe and Mia Small)		
13:20	Medical management of high output stoma and when to give parenteral nutrition	Flora Kokwaro
13:40	Drug management	Riddhika Joshi
14:00	Dietary management	Dietitian
14:20	Case	MDT
14:50	Panel discussion	All

15:10 Tea break & opportunity to taste oral rehydration solution

Prevention and Treatments of complications in Type 1 Intestinal Failure (Chairs: Mani Naghibi and Dietitian TBC)		
15:40	To MCB or compound PN, that is the question	Robert Nowak
16:00	Abnormal liver function: don't blame the PN	Flora Kokwaro
16:20	Sepsis: the difficult questions	Simon Gabe
16:40	Final discussion	All
17:00	Summary, close and raffle!	

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Day 2: Type 2 Intestinal Failure

08:30 **Registration**

08:55 **Welcome** (Simon Gabe)

Decisions rather than incisions (Chairs: TBC)		
09:00	When to operate & when to wait	Carolynne Vaizey
09:20	How FAB is prehab <ul style="list-style-type: none">- Medical optimisation- Physiotherapy- Optimising nutritional status- Optimising medications	Richard Holman & Mike O'Connor Physio Dietitian Asma Hassan
10:10	Panel discussion	All

10:30 **Coffee break & opportunity to taste oral rehydration solution**

Decision making in surgical intestinal failure (Chair: TBC)		
11:00	Medical management of EC fistulae	Suzanne Donnelly
11:20	Surgical management of EC fistulae & what are the important outcomes?	Akash Mehta
11:40	Micronutrient management	TBC
12:00	Case with dilemma to operate & panel discussion	Simon Gabe/Alison Culkin

12:30 **Lunch break**

Distal feeding (Chair: TBC)		
13:30	Does distal feeding make a difference?	Akash Mehta
13:45	How to do distal feeding	Dietitian & Nurse
14:00	Trophic feeding or the distal feeding pump?	TBC
14:15	Don't forget the drugs	Maryam Clark
14:30	Case & panel discussion	Suzanne Donnelly

15.00 **Tea break & opportunity to taste oral rehydration solution**

Can we desensitise the bowel in patients with dysmotility? (Chairs: Pharmacy & TBC)		
15:30	Case with panel discussion: <ul style="list-style-type: none">- feeding tubes- Jejunal feed choices- Beyond the BNF: psychotropic approaches	Simon Gabe & Jo Gent Dietitian Calum Moulton
16:40	Q&A	All & Maryam Clark
17:00	Summary, close and raffle!	

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Day 3: Type 3 Intestinal Failure

08:30 Registration

08:55 Welcome (Simon Gabe & Alison Culkin)

Home parenteral nutrition (Chair: TBC)		
09:00	Patient perspective on life with intestinal failure	Francis Hamlyn
09:30	What to do when a patient on HPS is admitted to your hospital	Jo Gent
09:50	Monitoring patients on home parenteral support	Dietitian & Roshni Patel
10:10	Psychological support for patients with intestinal failure	Sonya Frearson
10:30	Panel discussion	All

10:45 Coffee break & CVC techniques (unblocking & repair)

Complications (Chair: Jo Gent & Alison Culkin)		
11:15	Managing intestinal failure associated liver disease	Simon Gabe / Flora / Hajeena
11:45	Managing metabolic complications	Suzanne Donnelly
12:15	Managing catheter related bloodstream infections and thrombosis	Gemma Crutchley & Hajeena Kathirgamanathan
12:45	Panel discussion	

13:00 Lunch break

Difficult decisions (Chair: Simon Gabe & Suzanne Donnelly)		
14:00	Quality of life on home parenteral support	Alison Culkin
14:20	End stage malignancy	Mani Naghibi
14:40	Nutritional management of bowel obstruction	Lindsey Allen
15:00	Panel discussion	All

15.15 Tea break & CVC techniques (unblocking & repair)

The future (Chair: Alison Culkin & Simon Gabe)		
15:45	Will HPN destroy the planet?	Ashley Bond TBC <i>Salford Royal Hospital</i>
16:05	Setting up a growth factor clinic	Simon Gabe & Uchu Meade
16:25	Intestinal transplantation	Neil Russell / Charlotte Rutter <i>Cambridge University Hospital</i>
16:45	Final discussion	All
17:00	Summary, close and raffle!	