

## Horizons in intestinal failure, rehabilitation & home parenteral nutrition

Royal College of Physicians, 8<sup>th</sup> of October 2025

### Day 1: Type 1 Intestinal Failure

08:30 Registration

08:55 Welcome (Mani Naghibi and Alison Culkin)

Type 1 intestinal failure (Chairs: Riddhika Joshi and Simon Gabe)		
09:00	Definition and classification of Intestinal Failure	Mani Naghibi
09:20	Vascular access	Mia Small
09:40	Refeeding syndrome (with case)	Alison Culkin
10:10	Panel discussion	MDT

10:30 Coffee break & opportunity to taste oral rehydration solution

Management of type 1 intestinal failure (Chairs: Flora Kokwaro and Mia Small)		
11:00	Estimating requirements	Olivia Gensale
11:25	Medical management of prolonged ileus and obstruction	Mani Naghibi
11:50	Surgical management of Type 1 Intestinal Failure	Phil Tozer
12:15	Panel discussion	MDT

12:30 Lunch break

Management of a high output stoma (Chairs: Simon Gabe and Mia Small)		
13:30	Medical management and when to give parenteral nutrition	Flora Kokwaro
13:50	Dietary management	Sinead Burke
14:10	Drug management	Robert Nowak
14:30	Case	MDT
14:50	Panel discussion	All

15:00 Tea break & opportunity to taste oral rehydration solution

Prevention and treatments of complications in Type 1 Intestinal Failure (Chairs: Mani Naghibi and Alison Culkin)		
15:30	To MCB or compound PN, that is the question	Riddhika Joshi
15:50	Abnormal liver function: don't blame the PN	Flora Kokwaro
16:10	Sepsis: the difficult questions	Simon Gabe
16:30	Final discussion	All
17:00	Summary, close and raffle!	Mani Naghibi

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Royal College of Physicians, 9th of October 2025

## Day 2: Type 2 Intestinal Failure

08:30 Registration

08:55 Welcome (Simon Gabe)

Decisions rather than incisions (Chairs: Akash Mehta & Suzanne Donnelly)		
09:00	When to operate & when to wait	Carolynne Vaizey
09:20	How FAB is prehab - Medical optimisation - Physiotherapy - Optimising nutritional status - Optimising medications	Richard Holman Trang Nguyen Chloe Lauffer Asma Hassan
10:15	Panel discussion	All

10:30 Coffee break & opportunity to taste oral rehydration solution

Decision making in surgical intestinal failure (Chair: Maryam Clark & Richard Holman)		
11:00	Medical management of enterocutaneous fistulae	Suzanne Donnelly
11:20	Surgical management of enterocutaneous fistulae & what are the important outcomes?	Akash Mehta
11:40	Dietary and micronutrient management	Alison Culkin
12:00	Case with dilemma to operate & panel discussion	Simon Gabe & Alison Culkin

12:30 Lunch break

Distal feeding (Chair: Uchu Meade & Mia Small)		
13:30	Does distal feeding make a difference?	Akash Mehta
13:45	How to do distal feeding	Diane Brundrett & Heidi Li
14:00	Trophic feeding or the distal feeding pump?	Simon Gabe
14:15	Don't forget the drugs	Maryam Clark
14:30	Case & panel discussion	Suzanne Donnelly

15:00 Tea break & hands on demonstration of distal feeding

Can we desensitise the bowel in patients with dysmotility? (Chairs: Uchu Meade & Alison Culkin)		
15:30	Case with panel discussion: - Feeding tubes - Feeding choices - Beyond the BNF: psychotropic approaches	Simon Gabe & Mia Small Diane Brundrett Calum Moulton
16:40	Panel discussion	All plus Uchu Meade
17:00	Summary, close and raffle!	Alison Culkin

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## Horizons in intestinal failure, rehabilitation & home parenteral nutrition

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### Day 3: Type 3 Intestinal Failure

08:30 Registration

08:55 Welcome (Alison Culkin)

Home parenteral nutrition (Chair: Alison Culkin & Gemma Crutchley)		
09:00	Patient perspective on life with intestinal failure	Francis Hamlyn
09:30	What to do when a patient is admitted to your hospital	Jo Gent
09:50	Monitoring patients on home parenteral support	Aoife Reilly & Roshni Patel
10:10	Psychological support for patients with intestinal failure	Sonya Frearson
10:30	Panel discussion	All

10:45 Coffee break & CVC techniques (unblocking & repair)

Complications (Chair: Jo Gent & Roshni Patel)		
11:15	Managing intestinal failure associated liver disease	Simon Gabe
11:45	Managing metabolic complications	Suzanne Donnelly
12:15	Managing catheter related bloodstream infections and thrombosis	Gemma Crutchley & Hajeena Kathirgamanathan
12:45	Panel discussion	

13:00 Lunch break

Difficult decisions (Chair: Simon Gabe & Suzanne Donnelly)		
14:00	Quality of life on home parenteral support	Alison Culkin
14:20	End stage malignancy	Mani Naghibi
14:40	Nutritional management of bowel obstruction	Lindsey Allen Royal Surrey County Hospital
15:00	Panel discussion	All

15.15 Tea break & CVC techniques (unblocking & repair)

The future (Chair: Alison Culkin & Simon Gabe)		
15:45	Will HPN destroy the planet?	Ashley Bond Salford Royal Hospital
16:05	Setting up a growth factor clinic	Simon Gabe & Uchu Meade
16:25	Intestinal transplantation	Neil Russell Cambridge University Hospital
16:45	Final discussion	All
17:00	Summary, close and raffle!	