



The 23rd Annual International Congress

Frontiers in Colorectal And Intestinal Disease

Prevention in Practice

19–21 November 2025

Please join us in person at this live event, or as part of our large international audience online!
Venue: King's Place, 90 York Way, London, N1 9AG



Meet this year's Visiting Professors



www.stmarksacademicinstitute.org.uk

Welcome to the 23rd Annual Frontiers in Colorectal and Intestinal Disease

It is my great pleasure, as Dean of St Mark's Academic Institute, to welcome you to London for the 23rd Annual Frontiers in Colorectal and Intestinal Disease Congress. This year's meeting focuses on disease prevention in clinical practice, highlighting innovative strategies to reduce the burden of illness.

We are delighted to host participants both here in London and around the world online. With high-quality facilities and streaming, we aim to provide every attendee with an excellent experience, whether joining us in person or virtually.

The programme embraces a wide range of multidisciplinary perspectives—medical, endoscopic, radiological, oncological, surgical, nursing, and nutritional—while ensuring that the patient voice is clearly heard. We are honoured to welcome Michael Camilleri (USA) as the Sir Francis Avery Jones Visiting Professor, George Chang (USA) as the Sir Alan Parks Visiting Professor, Johan Burisch (Denmark) as the John Lennard-Jones Visiting Professor, and Eva Angenete (Sweden) delivering the Basil Morson State of the Art Lecture.

Over three days, the Congress will explore topics central to everyday clinical practice and cutting-edge research.

Wednesday opens with sessions on international controversies in cancer prevention, functional gut disorders, emerging technologies, proctology in motion, and complex cancer, alongside parallel discussions on colorectal surgery, treatment sustainability in IBD, and strategies to mitigate treatment-related complications. The prestigious John Nicholls Prize will also be awarded for the best new research.

Thursday examines prevention of IBD-related cancer, strategies to halt Crohn's disease progression, post-colonoscopy

cancers, and advances in endoscopy at the surgical frontier.

On **Friday**, we turn to minimalist approaches in early rectal cancer, the St Mark's Debate on neoadjuvant treatment versus immediate surgery for non-mesorectal fascia—involving colorectal cancer, neuromotility conditions under the principle *primum non nocere*, and our Consultant Corner in IBD. A special Sponsor Symposium will present the latest developments in the field, and on Wednesday and Thursday we will host breakfast and lunchtime Round Table Workshops in small groups with leading experts; early booking is essential as places are limited.

This Congress is accredited for **15 CPD points** by the **Association of Coloproctology of Great Britain & Ireland (ACPGBI)** and for **19 CPD credits** by the **Federation of the Royal College of Physicians (RCP)**. It is also proudly endorsed by the **European Crohn's and Colitis Organisation (ECCO)** and the **British Society of Gastroenterology (BSG)**.

We warmly thank all our supporters, sponsors and contributors for their invaluable assistance in making this Congress possible. We hope the coming days will be stimulating, educational, and thought-provoking, and we wish you an enjoyable and memorable time here in London for the 23rd Frontiers Congress.



**Professor Naila Arebi, Dean
St Mark's Academic Institute**

Programme Day 1 • 19 Nov 2025 Morning

HALL ONE

09:00 Dean's welcome **Naila Arebi**

International controversies in cancer prevention

Chairs: Ash Sinha, Kevin Monahan

09:10 Dimensions for cancer prevention: what should our focus be? **Amanda Cross**

09:25 Colonoscopy for all vs targeted approaches to screening **Michal Kaminski**

09:40 Will the cancer vaccine prevent recurrence? **Rob Jones**

09:55 Panel discussion



Sir Francis Avery Jones Visiting Professor Lecture: Professor Michael Camilleri

10:15 Insights into prevention and management of IBS **Michael Camilleri**

Chair: Naila Arebi

10:45 Break

HALL ONE (OR PARALLEL SESSION BEGINS IN THE ST PANCRAS ROOM)

A new look at functional gut disorders

Chairs: Greg Thomas, Calum Moulton

11:15 Living with chronic constipation **Patient representative**

11:22 Biofeedback: where biology meets psychology **Phoebe Dumarán, Anna Brophy, Susie Taplin**

11:34 You have a DGBI: getting the message right **Leticia Cestari**

11:46 Constipation in motion: have we made headway with therapy? **Michael Camilleri**

11:58 Measures in urgency: early assessment to prevent incontinence **Emma Carrington**

12:10 Panel discussion

12:30 Lunch

Programme Day 1 • 19 Nov 2025 Afternoon

HALL ONE

Technology towards tomorrow

Chairs: Danilo Miskovic, Samantha Evans

13:30 Robotics in advanced cancer [George Chang](#)

13:45 Robotics in benign disease [Kapil Sahnan](#)

14:00 The future of minimally invasive surgical training [Ellen Van Eetvelde](#)

14:15 Panel discussion

14:35 Break

Proctology in motion

Chairs: Asha Senapati, Carolynne Vaizey

14:55 Anal fistulae: how not to make the patient worse [Andy Williams](#)

15:10 Pushing the boundaries of office procedures in proctology [Bruno Roche](#)

15:25 Haemorrhoids: in with the new and out with the old [Alex Von Roon](#)

15:45 Panel discussion

Complex cancer: the empty pelvis

Chairs: Ian Jenkins & Caroline Gee

15:55 What is the empty pelvis and how can we prevent it? [Alex Mirnezami](#)

16:07 How can we manage these complications? [Elaine Burns](#), [Suzanne Donnelly](#)

16:22 Perineal hernia [Akash Mehta](#), [Tom Glover](#)

16:35 Panel discussion

The John Nicholls Prize

Chairs: Naila Arebi, John Nicholls

16:55 Prize presentation

17:15 Closing remarks

17:20 Close – end of day 1

Parallel Session Day 1 ● 19 Nov 2025

ST PANCRAS ROOM

Colorectal surgery: a lightning approach

Chairs: Asha Senapati, Tushar Agarwal

- 11:15 What does ANCHOR tell us? **Tamzin Cumming**
11:25 PITSTOP: What should we stop? **Matthew Lee**
11:35 International consensus on the management of retrorectal tumours **Aaron Quyn**
11:45 Optimal management of parastomal hernia **Oliver Warren**
11:55 Where are stem cells now and what is next? **Phil Tozer**
12:05 Can we ever justify lateral sphincterotomy? **Andy Williams**
12:15 The management of Hidradenitis Suppurativa **Ellie Rashid**
12:25 Panel discussion
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12:40 Lunch

Treatment sustainability in IBD: optimisation to innovation

Chairs: Ailsa Hart, Alex Toskas

- 13:40 Back to basics: re-thinking oral therapies in UC **Alexandra Kent**
13:55 "Personalised" care: predicting and preventing treatment failure **Horace Williams**
14:10 Emerging therapies: breaking barriers, easing burden **Chris Lamb**
14:25 Damping the flame of inequality: equal care for equal outcomes **Laith Al-Rubaiy**
14:40 Panel Discussion
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14:55 Break

Mitigating treatment related complications: a few themes from different teams

Chairs: Ayesha Akbar, Lisa Younge

- 15:25 Counselling and monitoring: the role of the IBD pharmacist **Angela Chana**
15:40 Drug therapy in pregnancy: the path to good outcomes **Sophie Restellini**
15:55 Precision prevention: vaccination against drug-related infections **James Alexander**
16:10 Making surgery safe: prehabilitation not rehabilitation **Janindra Warusavitarne**
16:25 Panel discussion
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16:45 End of session – rejoin **HALL ONE** for the the John Nicholls Prize

Programme Day 2 • 20 Nov 2025 Morning

Round Table Workshops 08:00 – 08:55 **Limited space, pre-booking essential**

THE LIMEHOUSE MEETING ROOM IBD WORKSHOP Hepatobiliary manifestations in IBD: a holistic clinical perspective **Jayshri Shah, Nina Stafford, Luke Tyson**

THE WENLOCK MEETING ROOM INTESTINAL REHABILITATION WORKSHOP

Prevention of intestinal failure through optimal medical management **Mani Naghibi, Flora Kokwaro**

KINGS PLACE CAFE COLON CANCER WORKSHOP Exercise improves colon cancer outcome – run or walk with the experts: from robotics to CME **Danilo Miskovic, Elaine Burns**

HALL ONE

Prevention of IBD-related cancer

Chairs: Ravi Misra, Adriana Martinez

09:00 Living in fear of IBD-associated cancer **Maxine Stean, Babitha Joseph**

09:10 A new twist on precision medicine: personalised risk for IBD-related cancer **Ibrahim Al-Bakir**

09:25 The gut microbiome: small friends, huge potential to prevent cancer? **James Kinross**

09:40 Is segmental colectomy for all, for some or for none? **Omar Faiz**

09:55 Panel discussion

10:15 Break

Preventing progression of Crohn's disease

Chairs: Omar Faiz, Tracey Tyrrell

10:35 Did I make the right choice about surgery? Patient interview **Lydia Flannery, Thomas Speight**

10:45 Does diet modification feed disease control? **Aaron Bancil**

11:00 A peep through the window of opportunity: can we avoid bowel damage? **Naila Arebi**

11:15 Precision medicine: showcasing new tools in the toolbox **Nick Powell**

11:30 Is surgery inevitable? **Caroline Nordenvall**

11:45 Panel discussion



John Lennard-Jones Visiting Professor Lecture: Professor Johan Burisch

12:00 In search of the Holy Grail: can we prevent IBD? **Johan Burisch**

Chair: Naila Arebi

12:30 Lunch

Programme Day 2 • 20 Nov 2025 Afternoon

Round Table Workshop 12:50 – 13:30 Limited space, pre-booking essential

THE LIMEHOUSE MEETING ROOM ENDOSCOPY WORKSHOP

Innovations in endoscopy Brian Saunders, Maggie Vance, Ahmir Ahmad

HALL ONE



Sir Alan Parks Visiting Professor Lecture:
Professor George Chang

13:30 Advanced rectal cancer: what's new on horizon? George Chang

Chair: Elaine Burns

Post-colonoscopy cancers: no lesion left behind

Chairs: Manmeet Matharoo, Maggie Vance

14:00 Causes of PCCRC Michal Kaminski

14:15 Avoiding missed polyps and cancer Monika Ferlitsch

14:30 What about missed lesions in IBD? Ana Wilson

14:45 Preventing recurrence Brian Saunders

15:00 Panel discussion

15:25 Break

Endoscopy: on the cusp of surgery

Chairs: Siwan Thomas-Gibson, Brian Saunders

15:45 Coping with complications Adam Humphries

16:05 Managing recurrence Noriko Suzuki

16:25 Advanced neoplasia: too big or too deep? Leon Moons

16:45 Panel discussion

17:05 Closing remarks

17:10 Close – end of day 2



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Programme Day 3 • 21 Nov 2025 Morning

Round Table Workshops 08:00 – 08:55 Limited space, pre-booking essential

THE LIMEHOUSE MEETING ROOM IBD WORKSHOP

A multi-disciplinary approach to perianal Crohn's disease Ailsa Hart, Phil Tozer

THE WENLOCK MEETING ROOM HEREDITARY COLORECTAL CANCER WORKSHOP

Hereditary colorectal cancer Sue Clark, Andrew Latchford

HALL ONE

Less is more in early rectal cancer

Chairs: Jonathan Landy, Nicola Hodges

09:05 Is Star-Trec the final frontier? Simon Bach

09:20 Who is suitable for watchful waiting? Eva Angenete

09:35 Can we avoid surgery at all? Arthur Sun Myint

09:50 Early rectal cancer has no place in the operating theatre:
the role of endoscopy Leon Moons

10:05 Panel discussion



Basil Morson Visiting Professor Lecture: Professor Eva Angenete

10:20 Protecting against consequences of surgery Eva Angenete

Chair: Elaine Burns

10:50 Break

The St Mark's Debate

11:10 Neoadjuvant treatment versus straight to surgery for non mesorectal fascia involving
colorectal cancer Aaron Quyn, David Sebag Montefiore, Ian Jenkins, Rob Glynne-Jones

Sponsor symposium

12:05 Details to be announced soon

12:50 Lunch



Programme Day 3 • 21 Nov 2025 Afternoon

Round Table Workshops 13:15 – 14:00 **Limited space, pre-booking essential**

THE LIMEHOUSE MEETING ROOM IBD & NUTRITION WORKSHOP

Out with the old, in with the new: Crohn's disease nutritional and medical management updates from 2025 IBD guidelines **Naila Arebi, Gabriela Poufou**

THE WENLOCK MEETING ROOM COMPLEX CANCER WORKSHOP Local advanced and recurrent rectal cancer: meet the St Mark's team **Ian Jenkins, Nicola Hodges, Caroline Gee, Toby Pring**

HALL ONE

Neuro-motility conditions: primum non nocere

Chairs: Sonya Frearson, Calum Moulton

14:00 Hypermobility disorders: preventing iatrogenic harm **Gehanjali Amarasinghe**

14:15 Disordered eating or an eating disorder? **Alexa Duff**

14:30 Complications of artificial feeding **Suzanne Donnelly**

14:45 Intestinal consequences of neurological disorders **Natalia Zarate-Lopez**

15:00 Panel discussion

Consultant corner in IBD

Chairs: Nik Kamperidis, Kapil Sahnan

15:15 Case presentations on preventing medical and surgical complications discussion

Nik Kamperidis, Alex Toskas, Phil Tozer, Kapil Sahnan, Adriana Martinez

16:15 Closing remarks

16:25 Close – end of day 3

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The Association of
**Coloproctology of
Great Britain & Ireland**



CPD

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